

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #95

Health-minded documentaries

Support your body while it is still strong.

A film can open a river

A documentary is not the Program. It can open a river. You still pick it. Thank the film. Do not buy the funnel. Tuesday is still the five.

Film	Why it earns a line
The Truth About Cancer	Terrain. The mill. Food as a subject.
MAHA Uncensored	The charter of the ship. Not our brand.
Bought	How the invoice got written.
Doctored	The chair versus the building.
Trace Amounts	Metals as weather. A personal search.
Food, Inc.	Plate-before-the-plate. Big Food / Big Ag.
Forks Over Knives	One river. We honor food as the subject. We do not adopt the river.
The Magic Pill	Kitchen as experiment. Extras stay off this page.
Fat Head	The calorie myth named out loud.
The Beautiful Truth	An older Gerson river. Map, not protocol.

What the layer taught

Ten films. Ten possible rivers. None of them cook Tuesday. Kimbal Musk is next — live food from living soil.

The question

Will you let a film open a river — and still keep the five as the day? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, eat tonight. That is a documentary, kept as a river — not as a funnel.

If you want to keep learning, keep flowing with our Currents. Kimbal Musk is next.

Notes

- This is education. It does not diagnose, treat, or reprint a protocol from bonus PDFs.
- It does not replace your physician, your medications, or the care you already have.
- The Foundation does not sell a documentary, a \$4.99 affiliate door, or a MAHA brand. Thank the film. Not the soundstage.
- Forks Over Knives is honored as food-as-subject, not adopted as the Program. Public language stays Metabolic Correction.

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