

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #94

Sayer Ji

Support your body while it is still strong.

A library of papers

Sayer Ji built a library. GreenMedInfo. Abstracts and papers stacked where a search bar can reach them. That is literacy — look at the primary source. It is not Layer B. It is not a second mill. Current #2 already asked you to take 100% responsibility for what you believe. A database does not take it for you.

Relative risk still is not absolute risk. Funding still sits at the bottom of the PDF. Eat is still the plate.

A library is not the Program

His layer	Not this page
Papers put where a search can reach them.	A Foundation journal we run.
Primary source as a habit.	GreenMedInfo as our site.
Responsibility still yours — #2.	A membership we sell. A sixth pillar named research.
Correction remains the how — #52.	A database as Layer B.

What the layer taught

If a paper opens a river, read the methods. Then eat. Health-minded documentaries are next — ten films that can open a river the same way.

How you keep it

Keep Eat. If a paper names a molecule that touches your own body, take it to someone licensed who knows you. Do not dose from an abstract.

Be brave enough to open a paper without joining the library

You are not behind if you never used that search bar. You are not too late. Your mills are still minting every second of every day. Feed them. A library is a layer. It is not Tuesday.

The question

Will you treat a library of papers as literacy — and still keep Eat as the day? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, eat tonight. That is Sayer Ji, kept as a library — not as a membership.

If you want to keep learning, keep flowing with our Currents. Health-minded documentaries are next.

Notes

- This is education. It does not diagnose, treat, or claim that a database replaces licensed care.
- It does not replace your physician, your medications, or the care you already have.

- If a question in a paper touches your own body, take it to a licensed professional who knows you.
- The Foundation does not co-brand GreenMedInfo or sell a membership. Measurement stays Layer 0 / A / B. Public language stays Metabolic Correction.

Support your body while it is still strong.

Michael J. Gonzalez Foundation, Inc.