

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #82

Paul Marik

Support your body while it is still strong.

With the patient

Paul Marik is an intensivist. He said medicine should be done with the patient, not to the patient. Current #13 was that chair. This page is the man who kept sitting in it. A conversation with an oncologist is a different room. Do not merge them. A drug list is not the Program.

The helper stays. The wheel stays yours. Gonzalez is still the how. Eat is still the plate.

A chair is not a stack

His layer	Not this page
Medicine done with the person in the chair.	A Foundation ICU protocol.
Patient more than the label.	A reprinted drug list.
Same chair as #13. Different from the oncologist room.	A reason to fire the physician.
Correction remains the how — #52.	An FLCCC co-brand. A bag we sell.

What the layer taught

If you are in the chair, you are a partner. That is the Second Ask kept as a physician’s sentence. Martin Picard is next — the mill as a living scientist.

How you keep it

Keep the helper. Keep the wheel. If a question is a bag or a list in your own body, take it to someone licensed who knows you. Do not copy an ICU note onto the kitchen counter.

Be brave enough to sit as a partner without becoming the intensivist

You are not behind if you never read a Marik essay. You are not too late. Your mills are still minting every second of every day. Feed them. The chair is a layer. It is not Tuesday.

The question

Will you sit in the chair as a partner — and still keep the helper? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, eat tonight. That is Marik, kept as a chair — not as a stack.

If you want to keep learning, keep flowing with our Currents. Martin Picard is next.

Notes

- This is education. It does not diagnose, treat, or claim to cure sepsis, cancer, or any named ill. It does not reprint a metabolic-therapy or early-treatment protocol.

- It does not replace your physician, your oncologist, your medications, or the care you already have. Do not add, stop, or delay licensed care from this page.
- IV Vitamin Therapy, artemisinin compounds, and IP6 remain their own maps. G6PD and significant kidney insufficiency remain hard stops when ascorbate is in a vein.
- The Foundation does not co-brand FLCCC, sell a bag, or adopt a subscriber door. Current #13 remains the chair. This page is the person. Public language stays Metabolic Correction.

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Michael J. Gonzalez Foundation, Inc.