

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #72

Joseph A. Ladapo

Support your body while it is still strong.

A public-health chair that would not row for the ship

Joseph A. Ladapo is Florida’s Surgeon General. Harvard medicine. Harvard health policy. University of Florida. The Medical Industrial Complex is a charter — Currents #41–#49. He took a stand different from that charter. That is courage. It is not a vote. It is not a mandate sermon. It is not the Program.

Current #71 opened the river. This page is one officer inside that government who refused to treat your body as the ship’s cargo. The paddle is still yours. The helper you hired still sits in the chair.

Courage is not a protocol

His layer	Not this page
A health officer who would not row for the ship.	A Foundation public-health stack.
Informed consent as the river staying open.	A shot debate as the Current.
Courage named. The five still the day.	A sixth pillar named freedom.
Correction remains the how — #52.	Fire the pediatrician. Fire the CDC.

What the layer taught

A chair can be brave and still not be your mill. Eat is still the plate. Sleep is still the night. Florida’s mill under load is next — Dominic D’Agostino.

How you keep it

Keep the five. Keep the copilot. If a question is a public-health rule in your own life, read it with someone licensed who knows you. Do not treat courage as a reason to stop care.

Be brave enough to honor a stand without making it your protocol

You are not behind if you never heard a Tallahassee briefing. You are not too late. Your mills are still minting every second of every day. Feed them. A brave chair is weather. It is not Tuesday.

The question

Will you honor a public-health chair that stood apart from the ship — and still keep the paddle in your own hand? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, eat tonight. That is Ladapo, kept as courage — not as a campaign and not as a protocol.

If you want to keep learning, keep flowing with our Currents. Dominic D’Agostino is next.

Notes

- This is education. It does not endorse a party, a candidate, or a ballot. It does not tell you how to vote.

- It does not replace your physician, pediatrician, medications, or the care you already have. Do not stop, skip, or refuse licensed care from this page.
- This page is not a vaccinate-or-refuse instruction. If a question is about a shot, a mandate, or a child in your house, take it to a licensed professional who knows that person.
- The Foundation does not lobby, co-brand the Florida Department of Health, or treat a Surgeon General as the Program. Public language stays Metabolic Correction.

Support your body while it is still strong.

Michael J. Gonzalez Foundation, Inc.