

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

*Metabolic Energy Generating ATP***Current #67**

Andrew W. Saul

Support your body while it is still strong.

The founding page

Andrew W. Saul founded the Orthomolecular Medicine News Service. He wrote in the language a firefighter and a teacher could finish. Hoffer needed a translator. Gonzalez wrote for that page. Cheng now keeps the desk — Current #62. This page is the founding editor.

A plain sentence is not a megavitamin protocol. Food first. The five are still the day. Correction is still the how.

A website is not the Program

His layer	Not this page
A page a stranger could finish.	A Foundation blog we brand.
Hoffer and Gonzalez kept in English.	A gram-count we print for home.
Founding editor. Cheng keeps the desk.	A sixth pillar named megadose.
Correction remains the how — #52.	A DoctorYourself SKU.

What the layer taught

If the work stays only in a journal, the public never hears it. Saul built a door. That door is not our public name. Penberthy is next — niacin as a molecule the mill already runs.

How you keep it

Keep Eat. Keep Correction. If a question is a gram count in your own body, take it to someone licensed who knows you. Do not stock a cabinet from a founding editor's archive.

Be brave enough to read a plain page without buying the archive

You are not behind if you never opened DoctorYourself. You are not too late. Your mills are still minting every second of every day. Feed them. The page is a layer. It is not Tuesday.

The question

Will you honor the founding page — and still keep Eat as the day? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, eat tonight. That is Saul, kept as a door — not as a dose.

If you want to keep learning, keep flowing with our Currents. W. Todd Penberthy is next.

Notes

- This is education. It does not diagnose, treat, or claim to cure. It does not reprint a megavitamin protocol.
- It does not replace your physician, your medications, or the care you already have.

- If a question is about high-dose nutrients in your own body, take it to a licensed professional who knows you. G6PD and significant kidney insufficiency remain hard stops when ascorbate is in a vein.
 - The Foundation does not sell books, C grams, or a DoctorYourself funnel. Public language stays Metabolic Correction.
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Michael J. Gonzalez Foundation, Inc.