

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #52

Michael J. Gonzalez

Support your body while it is still strong.

The how we teach

Current #51 named the field. This page names the how: Metabolic Correction. Michael J. Gonzalez spent a working life on that sentence. Give the cell the materials and conditions it already knows how to use. Get out of the way. The mill mints ATP. Food first. The five are the daily practice.

He taught at the University of Puerto Rico. He wrote with colleagues on the vein and the mill. He pointed back to people this decade will name next. He did not ask you to buy a house brand. He asked you to feed the pathway.

Correction is not a bottle

His sentence	Not this page
Materials the cell already knows.	A Foundation drip bar.
Food first. Then the shelf, named not sold.	A cancer protocol.
The mill. The coin. The day.	A sixth public pillar.
Honor the people he stood on.	A shrine that replaces Tuesday.

He named who he stood on

In print he thanked Abram Hoffer, Harold D. Foster, and Hugh D. Riordan. He pointed to Linus Pauling for the name of an older field. The vein before all of that is Frederick Klenner — next. Public teaching on this page stays Metabolic Correction. Their word can wait for their Current.

How you keep it

Keep Current #10. Keep the five. Layer 0 is the day. A bag is not the Program. If a question is about your own body, take it to someone licensed who knows you.

Be brave enough to use the how without waiting for a statue

You are not behind if you never sat in his classroom. You are not too late. Your mills are still minting every second of every day. Feed them. Then get out of the way. That was his last clause.

The question

Will you take Metabolic Correction as the how — and keep the five as the day? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, eat tonight. Protect the night. That is Gonzalez, kept as the how — not as a product.

If you want to keep learning, keep flowing with our Currents. Frederick Klenner is next.

Notes

- This is education. It does not diagnose, treat, or claim to cure.
- It does not replace your physician, your medications, or the care you already have.
- If a question is about your own body, take it to a licensed professional who knows you.
- The Foundation does not sell IVs, lab panels, or bottles as the price of belonging. It does not reprint a dose table. Public language stays Metabolic Correction.

Support your body while it is still strong.

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