

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #44

Big Insurance

Support your body while it is still strong.

The meter on the invoice

Current #43 named the building. This page names who decides whether the chair is “covered”: Big Insurance. Who may see whom. At what price. After whose permission. A second corporation sits between you and the visit — and often a third sits between you and the bottle.

Coverage is fuel you already funded — Current #18. It is not the mill. It is not Metabolic Correction. A card that pays a claim is not the same thing as a cell that mints ATP.

Permission is not the paddle

What insurance is	What it is not
A corporation that prices risk.	A parent who loves the mill.
A gate on the chair and the bottle.	Proof that the five have failed.
Spread and middlemen on a refill.	A reason to stop insulin or any prescribed medicine.
A tool you hired with premiums.	The captain of the kayak.

Price is the lesson — not the protocol

Insulin made the public example because the molecule is old and the bill is not. Middlemen can sit on a refill until the number looks like a different product. That is charter math. It is not a signal to throw the vial away. Do not stop, skip, or reduce a prescribed medicine from this page.

Do not drop a policy from a Current. If a plan is the boat that pays for rescue, keep talking to the people who wrote it — and keep the paddle.

How you keep it

See the gate. Keep the five. The kitchen does not need prior authorization. Sleep does not file a claim. Big Food is next; that wing sells the box the plan rarely has to cover.

Be brave enough to use the card without handing over the boat

You are not behind if you have a plan. You are not too late if the claim was denied. Your mills are still minting every second of every day. Feed them. Use coverage when the boat is actually sinking.

The question

Will you treat coverage as a tool you funded — not as the captain of the kayak? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, keep tonight’s five. Keep the policy unless a professional who knows your life says otherwise. That is Big Insurance, seen as business.

If you want to keep learning, keep flowing with our Currents. Big Food is next.

Notes

- This is education. It does not diagnose, treat, sell a plan, or claim to cure.
- It does not replace your physician, your medications, or your coverage. Do not stop medicine or drop a policy from this page.
- If a question is about your own body or your own plan, take it to a licensed professional who knows you.
- The Foundation does not sell insurance, IVs, lab panels, or bottles as the price of belonging.

Support your body while it is still strong.

Michael J. Gonzalez Foundation, Inc.