

MICHAEL J. GONZALEZ FOUNDATION, INC.

MEGA-VITALITY

Metabolic Energy Generating ATP

Current #32

Traditional Chinese Medicine

Support your body while it is still strong.

A second older map

Current #31 honored Ayurveda as a map. This page honors another. Traditional Chinese Medicine — TCM after the full name. Keep their words. Do not flatten them into a wellness-aisle “energy.” Do not call this the original MEGA.

The older books watch flow, reserve, pattern, and care before the well has to be dug. The Neiijing line about instructing those not yet ill rhymes with supporting a body while it is still strong. It is not our public line. We keep our sentence.

Where the words rhyme — and stop

Qi is their word for flow. It is not MEGA-ATP. Jing is reserve literacy. It is not a tonic we sell, and it is not Current #28 under another name. Yangsheng — nourishing life — feeds Move and Relax only. Acupuncture is another tradition’s tool. It is not a Foundation needle.

Their map	What we will not do
Qi — flow.	Call Qi MEGA-ATP.
Jing — reserve literacy.	Sell Jing as a sixth pillar.
Yangsheng — nourishing life.	Replace the five with a five-phase quiz.
Care before the well is empty.	Print their line as if it were ours.

This page is not a clinic

No five-phase quiz. No needles. No patent formula we ship. Wildlife parts are a hard stop. So are pesticide load and species substitution in a jar that claims a plant. Artemisinin stays a later jar Current — honored as a molecule’s job, not as a wormwood aisle on this page.

If a licensed professional who knows you works in that tradition, that is their chair and your decision. The Foundation remains education. Food first still holds.

How you keep it

Honor the map. Keep Tuesday. Flow that is stuck is often load without a stop. Reserve that is thin is often a night that never went dark. You do not need a meridian chart to begin.

Be brave enough to honor a map without becoming it

You are not behind if you never learned a phase. You are not too late. Your mills are still minting every second of every day. Give them what they already know. Then get out of the way.

The question

Will you honor TCM as a map — and keep the five as the day? The answer is yours. You can take it. You can leave it. No one can take it for you.

If you take it, keep tonight's five. That is flow and reserve practiced as Tuesday. That is TCM, kept beside Correction — not inside it.

If you want to keep learning, keep flowing with our Currents. Classical Western Medicine is next.

Notes

- This is education. It does not diagnose a pattern, treat, or claim to cure.
- It does not replace your physician, your medications, or the care you already have. Hard stops: CITES wildlife parts; pesticide and species-substitution risk in formulas.
- If a question is about your own body, take it to a licensed professional who knows you.
- The Foundation does not sell needles, cups, formulas, IVs, lab panels, or bottles as the price of belonging.

Support your body while it is still strong.

Michael J. Gonzalez Foundation, Inc.